

FOUR WAYS TO WIN A MATCH

Peter Farrell – Development Officer.

ONE:

If you **GET EVERY BALL BACK** you cannot lose – no matter who you are playing..

`Split step` every time your opponent hits the ball and you will get the best start to reaching every shot.

TWO:

Keep your shots **DEEP**. The nearer to the baseline your shot lands the `deeper` it is.

Depth makes an opponent hit weak shots, and stops him attacking.

THREE:

Hit **AWAY** from your opponent.

Too many players hit too many shots down the middle of the court!

FOUR:

Find the **WEAK AREAS** of your opponents game, and make her hit a lot of the shots she does not want to hit.

EVERY tennis player has some weak areas..



No matter what level of player you are, you will win more matches if you use these four simple ideas.